

# Isolation and purification of psoralen and isopsoralen and their efficacy and safety in the treatment of osteosarcoma in nude rats

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## Abstract

**Background:** Modern studies have shown that psoralen has a significant inhibitory effect on tumor growth in a variety of animals and humans.

**Objective:** To obtain coumarin compounds – psoralen and isopsoralen – from traditional Chinese medicine *Psoralea corylifolia* L. using chromatographic techniques and isolation and purification methods, and to observe the transplanted tumor growth inhibitory effects and adverse reactions of psoralen and isopsoralen in nude rats with osteosarcoma.

**Methods:** Dried ripe fruits of *Psoralea corylifolia* L. were taken as the raw material to prepare crude extract of *Psoralea corylifolia* L. by ethanol reflux method. Column chromatography was used to isolate the crude extract; compounds were structurally identified based on <sup>1</sup>H-NMR, <sup>13</sup>C-NMR spectra, the two compounds were identified as psoralen and isopsoralen, and their contents were 99.7% and 99.6%, respectively. Nude rat model of osteosarcoma was established; the rats were randomized into: normal saline group, psoralen low- and high-dose groups, isopsoralen low- and high-dose groups, and cisplatin group. Osteosarcoma volume and weight inhibition rates in nude rats in each group were observed; radioimmunoassay was used to determine the serum alkaline phosphatase activity; peripheral blood cell and bone marrow nucleated cell counts were determined; light microscopy was used to observe heart, liver, spleen, lung, kidney, and tumor histopathology; and electron microscopy was used to observe the fine structure of tumor cells.

**Results:** Tumor volume inhibition rates were 43.75% and 40.18%, respectively, in the psoralen and isopsoralen low-dose groups, and tumor weight inhibition rates were 38.83% and 37.77%. Tumor volume inhibition rates were 67.86% and 66.96%, respectively, in the psoralen and isopsoralen high-dose groups, and tumor weight inhibition rates were 49.47% and 47.87%. Psoralen and isopsoralen markedly lowered serum AKP level. Psoralen and isopsoralen induced apoptosis or necrosis of osteosarcoma. After administration of high doses of psoralen and isopsoralen, toxic reactions such as writhing, lassitude, and hypoactivity were seen. Kidney histopathology showed tubulointerstitial dilatation and congestion, and inflammatory cell aggregation in the renal intercellular space. Psoralen and isopsoralen did not cause any significant toxic side effects to the bone marrow, or other organs such as heart, lung, liver, and spleen.

**Conclusion:** Psoralen and isopsoralen have growth inhibitory effects on transplanted tumor in nude rats with osteosarcoma, and can induce tumor cell apoptosis or necrosis, without significant toxic effects.

**Key words:** *Psoralea corylifolia* L., psoralen, isopsoralen, osteosarcoma

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## Introduction

Chinese medicine Bu Gu Zhi, or Hu Jiu Zi, is the dried ripe fruit of *Psoralea corylifolia* L. in the family Fabaceae. It is warm in nature, pungent in taste, and has the

actions of reinforcing kidney to strengthen yang, warming middle energizer to stop diarrhea, and relieving dyspnea. Psoralen and isopsoralen are its major active constituents,<sup>1,2</sup> which are effective drugs for tumor-like dermatoses. Modern studies have shown that psoralen has a significant inhibitory effect on tumor growth in a variety of animals and humans.<sup>3-5</sup> Therefore, the study of isolation and purification of psoralen and isopsoralen and their effects in tumor treatment is of important significance.

## Materials

### Reagents and drugs

*Psoralea corylifolia* L. (dried seeds), were purchased from

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Dalian Haishengyuan Pharmacy, harvested in Henan, fried products, identified by Professor Wang Mang of the Institute of Botany stored in Beijing herbarium center, CAS as the dried ripe fruit of *Psoralea corylifolia* L. in the family Fabaceae. Psoralen (2012-0623-5) and isopsoralen (2013-0215-6) reference substances, were purchased from Shanghai Meilun Biotechnology Co., Ltd., purity of 98.98%; solvents such as ethanol, n-hexane, ethyl acetate and methanol used in the experiment were of analytical grade.

### Instruments

The instruments used included: Agilent model 2100 HPLC System, Agilent Technologies, USA; model 2563B UV detector, model 1050 thermostatic circulator, Shanghai Bokang Experimental Instrument Co., Ltd.

### Animals

We used 4~6-week-old female nude rats, weighing 18~20 g, purchased from the SPF Laboratory Animal Center of Chinese Medical University, animal certificate No.: YKD (CN) 2013-0509.

### Cell lines

SD rat osteosarcoma UMR-106 cell lines were from the Peking Union Medical College Hospital, China.

### Methods

#### Extraction of psoralen and isopsoralen

*Psoralea corylifolia* L. seeds were pulverized, and passed through a 60 mesh sieve, 10 g of the powder was taken, and soaked 3 times at room temperature in 50% ethanol (300 ml, 150 ml, 150 ml), with each time lasting 2 hours. The collected leaching solution was reduced to 1/2 volume, kept overnight, and filtered after completion of precipitation. The precipitate was thoroughly dissolved with a 10-fold amount of methanol, decolorized by addition of active carbon, and filtered; after removal of methanol, the remaining was kept overnight, and crystallized to give 2 g of white needle crystals (i.e. *Psoralea corylifolia* L. coumarins).

#### Preparation of expanded test for psoralen and isopsoralen

(Soaking, percolation: 20 kg of crude *Psoralea corylifolia* L. powder was placed in a ceramic bowl, infiltrated with 50% ethanol, then loaded into a percolation pot, added with 50% ethanol until the drug surface was exceeded, then soaked overnight. The next day, the drug was percolated; ethanol amount was equivalent to 8 times the amount of raw materials, which was about 160 L.

Removal, concentration: The percolate was concentrated to 1/3 of the original volume through membrane, and ethanol was removed.

Placement, filtration: The concentrated solution was left overnight for precipitation, then filtered with filter cloth, the precipitate was brown and resinous.

Methanol extraction: The precipitate was extracted under reflux several times with a 25-fold amount of methanol, the extracts were then combined, and decolorized by addition of active carbon 2% the weight of the precipitate. Methanol was removed, and the remaining was concentrated, left for crystallization, then filtered to give crude product, the mother solution was concentrated again to yield some crude product, followed by drying at 80°C. A total of 154 g of crude product was obtained.

Recrystallization: Crude product was fully dissolved by heating under reflux with a crude product/methanol proportion of 3:100, then decolorized by addition of active carbon 1% the amount of crude product (reflux for 30 min), filtered, left for crystallization, then filtered again, the mother solution was reduced to 1/3, and left for crystallization, after successive processing, several batches of crystals were obtained, which were dried at 80°C to give 131 g of fine product.

#### Isolation of psoralen and isopsoralen

120 g of 120~200 mesh chromatographic neutral alumina was taken, 2 g of *Psoralea corylifolia* L. coumarin crystals were dissolved in a small amount of hot methanol, mixed with 6 g of alumina, and dried in the air at room temperature. After dry column chromatography with 15 drops of acetone per 50 ml of benzene/petroleum ether (40:10) as the eluent, the sample was observed under UV light, two fluorescence bands were separately selected for extraction under reflux with methanol, after solvent was reduced to a small volume, the remaining was crystallized, and filtered to give crystals I and II.

#### Identification of psoralen and isopsoralen

Compound I: colorless needle crystals, mp 163 ~ 164 °C. TOF-MS  $m/z$ : 187  $[M + H]^+$ ;  $^1H$ -NMR (400 MHz,  $CD_3COCD_3$ )  $\delta$ : 6.37 (1H, d,  $J = 9.6$  Hz, 3-H), 6.99 (1H, d,  $J = 1.2$  Hz, 3'-H), 7.57 (1H, s, 8-H), 8.05 (1H, d,  $J = 2.2$  Hz, 2'-H), 8.10 (1H, d,  $J = 9.6$  Hz, 4-H);  $^{13}C$ -NMR (100 MHz,  $CD_3COCD_3$ )  $\delta$ : 160.9 (C-2), 157.7 (C-7), 152.9 (C-9), 147.7 (C-2'), 146.0 (C-4), 125.7 (C-6), 121.5 (C-5), 117.4 (C-10), 115.2 (C-3), 107.4

(C-3'), 99.8 (C-8). The above data were consistent with the psoralen reported in the literature.<sup>6</sup>

Compound II: white needle crystals, mp 102~103 °C. TOF-MS  $m/z$ : 187  $[M + H]^+$ ; <sup>1</sup>H-NMR (400 MHz, CD<sub>3</sub>COCD<sub>3</sub>)  $\delta$ : 6.38 (1H, d,  $J = 9.6$  Hz, 3-H), 7.79 (1H, d,  $J = 9.6$  Hz, 4-H), 7.38 (1H, d,  $J = 8.4$  Hz, 6-H), 7.68 (1H, d,  $J = 2.1$  Hz, 2'-H), 7.09 (1H, d,  $J = 2.1$  Hz, 3'-H); <sup>13</sup>C-NMR (100 MHz, CD<sub>3</sub>COCD<sub>3</sub>)  $\delta$ : 160.7 (C-2), 157.3 (C-7), 148.0 (C-9), 145.2 (C-2'), 145.2 (C-4), 109.7 (C-6), 121.3 (C-5), 114.4 (C-10), 115.2 (C-3), 104.4 (C-3'), 117.9 (C-8). The above data were consistent with the isopsoralen reported in the literature.<sup>6</sup>

Fig. 1: Structural formulas of psoralen and isopsoralen compounds

### HPLC purity analysis of psoralen and isopsoralen

Chromatographic column: Agilent ZORBAX SB-C18 (250×416 mm, i.d. 5  $\mu$ m); mobile phase: methanol/water = 50:50, flow rate: 1.0 mL/min, sample injection volume: 10  $\mu$ L; column temperature: 30°C; detection: using diode array detector (DAD); detection wavelength: 280 nm. Identification was performed using psoralen and isopsoralen standard substances. The purity of resulting psoralen was 99.7%, and isopsoralen 99.6%.

### Anti-osteosarcoma experiments of psoralen and isopsoralen

#### Establishment of nude rat model of osteosarcoma UMR-106 cell tibial transplanted tumor

The model was established referring to Fisher's method:<sup>7</sup> nude rats were anesthetized, disinfected, UMR-106 cell suspension was injected into the marrow cavity of cortical bone in the tuberosity region in the lower part of tibia, injection volume was approximately 0.2 mL (containing  $2 \times 10^6$  cells).

#### Animal grouping, administration and general observation

Fifty rats were successfully modeled, which were divided into normal saline group; psoralen low dose (PLD) group and isopsoralen low dose (IPLD) group 320  $\mu$ g/(kg·d); psoralen high dose (PHD) group and isopsoralen high dose (IPHD) group 1600  $\mu$ g/(kg·d);<sup>8</sup> and cisplatin (DDP) group 2 mg/kg. Intratumoral multi-point injection began when the tumor grew to 0.5 cm×0.5 cm. All groups except for DDP group were administered QD for 2 courses, where 5 days constituted 1 course, administration was discontinued for 1 day between the two courses. DDP group was administered

a total of four times on the 1st, 4th, 7th, and 10th days. Mental conditions, activity, body weight (BW), eating, drinking, urination, and defecation in nude rats in each group were observed. On the next day after withdrawal of administration, rats were sacrificed for collection of tissue samples. The tumor, heart, liver, spleen, lung, and kidney tissues of nude rats were HE stained and cut into sections for pathological examination, the tumor tissue sections were examined using transmission electron microscopy.

### Tibial transplanted tumor growth inhibitory effects of psoralen and isopsoralen in nude rats with osteosarcoma

(1) Calculation of tumor volume inhibition rate (VIR): rats were sacrificed, tumors were removed, and longest diameter (a) and shortest diameter (b) of tumors were measured. Tumor volume (TV) =  $a \times b^2/2$ ; tumor VIR = (TV of control group - TV of experimental group) / TV of control group  $\times 100\%$ ;

(2) Calculation of tumor weight inhibition rate (WIR): the tumors removed, and tumor weight (TW) was measured, tumor WIR = (TW of control group - TW of experimental group) / TW of control group  $\times 100\%$ ;

(3) Evaluation of tumor inhibitory effect: referring to the literature,<sup>9</sup> the anti-tumor effects of drugs were evaluated with tumor VIR and WIR as indicators, efficacy evaluation criteria: ineffective if IR < 30%; effective if IR  $\geq 30\%$ , and  $P < 0.05$ .

### Determination of the effects of psoralen and isopsoralen on serum alkaline phosphatase (AKP) activity, peripheral blood cells and bone marrow nucleated cells in nude rats

Blood was sampled from the orbital venous plexus of nude rats in each group, sera were collected, and AKP activity in serum was determined by radioimmunoassay.

0.5 mL of orbital venous blood was taken from nude rats, placed into anticoagulant test tubes, and peripheral blood cells of nude rats were determined using automatic hematology analyzer within 6 h.

Nude rats were sacrificed, and right femurs were removed, bone marrow were washed in PBS, and blown and mixed uniformly, 10  $\mu$ L of which was added into 190  $\mu$ L of 2% glacial acetic acid solution, then 10  $\mu$ L was taken for counting under a microscope with cell counting chamber, formula: number of bone marrow nucleated cells (cells/L) = [(sum of number of nucleated cells in four grids / 4)  $\times 10 \times 20 \times 10^8$ ] / L.

## Statistical analysis

Determination results were statistically analyzed using SPSS 15.0 software, all measurement data were expressed as mean  $\pm$  standard deviation ( $\bar{x} \pm s$ ). Comparison among multiple groups was performed firstly by homogeneity test of variance, then, if the variances were homogeneous, one-way ANOVA was used; and if the variances were not homogeneous, grouped rank sum test (Kruskal-Wallis method) was used.

## Results

### Observation of general conditions of experimental nude rats

During the experiment, nude rats in each experimental group were in good condition, and acted normally, without significant reduction in body weight; after administration of drugs, writhing movements were seen within a few minutes in nude rats in the PHD and IPHD

groups, from the 3rd day of administration, lassitude, hypoactivity, and other toxic reactions appeared, but there was no significant reduction in body weight; from the 3rd day of administration, the nude rats in the DDP group presented significant body weight loss, listlessness, lack of activity, and reduced food and water intake, without showing writhing movements. No other abnormalities were found in nude rats in other groups.

### Effects of psoralen and isopsoralen on body weight and tibial osteosarcoma growth in nude rats

Each dose group of psoralen and isopsoralen had little influence on the body weight of osteosarcoma-bearing nude rats; body weight of nude rats in the DDP group significantly decreased. Osteosarcoma volume and weight markedly reduced in nude rats in the PLD and IPLD groups. The inhibitory effects were more pronounced in nude rats in the PHD, IPHD and DDP groups (see Tab. 1).

Tab. 1 Effects of psoralen and isopsoralen on body weight and tumor growth in osteosarcoma-bearing nude rats  
( $n = 8$ ,  $\bar{x} \pm s$ )

Group	BW (g)	TV (cm <sup>3</sup> )	VIR (%)	TW (g)	WIR (%)
NS	20.45 $\pm$ 1.20	1.12 $\pm$ 0.70	0	1.88 $\pm$ 0.90	0
DDP	17.00 $\pm$ 1.39*	0.36 $\pm$ 0.25*	67.86	0.75 $\pm$ 0.39*	60.11
PLD	19.80 $\pm$ 1.00#	0.63 $\pm$ 0.33**	43.75	1.15 $\pm$ 0.36**	38.83
PHD	19.39 $\pm$ 1.20#	0.36 $\pm$ 0.21*	67.86	0.95 $\pm$ 0.52**	49.47
IPLD	19.76 $\pm$ 0.93#	0.67 $\pm$ 0.23**	40.18	1.17 $\pm$ 0.32**	37.77
IPHD	19.40 $\pm$ 1.18#	0.37 $\pm$ 0.13*	66.96	0.98 $\pm$ 0.45**	47.87

Note: \*  $P < 0.01$  compared with NS group; \*\* $P < 0.05$  compared with NS group; #  $P > 0.05$  compared with NS group

### Effects of psoralen and isopsoralen on serum AKP activity in nude rats bearing tibial transplanted osteosarcoma

The results showed that psoralen and isopsoralen could markedly decrease serum AKP level in osteosarcoma-bearing nude rats (see Tab. 2).



Tab. 2 Effects of psoralen and isopsoralen on serum AKP in osteosarcoma-bearing nude rats ( $\bar{x} \pm s$ )

Group	Dose	AKP (U/L)
NS	2mL	1567.45±870.68
DDP	2mg/kg	512.20±143.11*
PLD	320μ/kg	812.34±205.56**
PHD	1600μ/kg	514.89±189.23*
IPLD	320μ/kg	806.36±196.36**
IPHD	1600μ/kg	513.69±196.21*

Note: \*  $P < 0.01$  compared with NS group; \*\* $P < 0.05$  compared with NS group

### Histopathological examination of tumor, heart, liver, spleen, lung, and kidney tissues of osteosarcoma-bearing nude rats

Tumors were generally large in the NS group, with the sections in a “fish-like” shape. Rich capillaries were observed under the light microscope, cells were distributed densely and disorderly, nuclei differed in sizes, with some in abnormal shapes, the number of nucleoli ranged between 1~4, and mitosis was common. Intratumoral ossification was evident, and relatively many cartilaginous tissues could be seen.

In the experimental groups and DDP group, tumor cell density decreased, large amount of necrotic tumor cells appeared, protein-like substances and cell debris could be observed in the center, cells shrank, nuclei were condensed, and mitosis was reduced. Hemorrhage was observed in some tumor tissues, intercellular substances increased significantly, and lymphocyte infiltration was seen. Necrotic tumor tissues gradually increased with increasing doses in the experimental groups.

No metastatic lesion was found in the abdomen, liver, and lung of animals in the treatment groups. There were no significant changes in the color and texture of organs such as liver, heart, spleen, lung and kidney. Histopathological examination showed tubulointerstitial vascular dilatation and congestion, and aggregation of inflammatory cells in the renal intercellular space in the PHD, IPHD and DDP groups.

### Electron microscopic observation of the effects of psoralen and isopsoralen on osteosarcoma tissue structure in nude rats

In the NS group, chromatin of tumor cells were evenly distributed, nuclei were enlarged and relatively light, mitochondria were relatively small, and were in irregular

polygonal shapes, lipid droplets were contained in the cytoplasm. In the PLD and IPLD groups, cells were arranged relatively loosely, and relatively large amount of endoplasmic reticulum were dilated, typical necrotic features could be seen, nuclear membranes were damaged and dissolved, nuclei were condensed, a large amount of vacuoles were seen in the cytoplasm, some of the cytoplasm were dissolved, organelles were rarely observed, and chromatins were distributed in clumps. In the PHD and IPHD groups, cells were ruptured, cytoplasm were loose and disappeared, nuclear membranes were ruptured and rough, intranuclear structure was blurred, chromatins were loose, and mitochondria were relatively large. In the DDP group, mitochondria and matrices were cavitated and denatured, nuclei were homogenized, color was deepened, chromosomes were distributed in clumps, and lipid droplets were in flocculent shape.

### Determination of blood cell and bone marrow nucleated cell counts in nude rats in each group

The numbers of peripheral red blood cells, hemoglobin, white blood cells, and platelets of nude rats in the psoralen and isopsoralen groups were not significantly different compared with the NS group ( $P > 0.05$ ). White blood cells markedly decreased in the DDP group ( $2.13 \pm 0.36 \times 10^9 / L$ ), which was statistically significant compared with the NS group ( $3.89 \pm 1.73 \times 10^9 / L$ ) ( $P < 0.01$ ), the numbers of red blood cells, hemoglobin, and platelets were not significantly different compared with the NS group ( $P > 0.05$ ).

The number of bone marrow nucleated cells markedly decreased in the DDP group ( $41.83 \pm 6.90 \times 10^{10} / L$ ) compared with the NS group ( $94.08 \pm 10.82 \times 10^{10} / L$ ) ( $P < 0.01$ ). The numbers of bone marrow nucleated cells in other groups were not statistically significant compared with the NS group ( $P > 0.05$ ).

## Discussion

During the experiment, after inoculation of UMR-106 cells, visible lumps appeared in the tibial part of left hind limbs in all nude rats in about 4 days, the tumor diameter increased to around 0.5 cm in about 7 days, inoculation success rate was 100%. During the experiment, tumor growth was relatively rapid in nude rats in the NS group, with some tumors showing ulceration tendencies. Psoralen and isopsoralen groups had significant inhibitory effects on osteosarcoma in nude rats, without the presence of obvious toxic side reactions. The osteosarcoma inhibitory effect became increasingly apparent with increasing doses in each experimental group.

AKP protein is an important protein produced by osteoblasts, in osteosarcoma, not only the osteoblasts are active in terms of number and function, serum AKP activity is also elevated. Studies have shown that,<sup>10-12</sup> osteosarcoma patients with increased AKP have relatively poor prognosis in terms of metastasis and survival rates. Bramer et al.'s study has shown that after receiving preoperative neoadjuvant chemotherapy, serum AKP level of osteosarcoma patients was also significantly correlated with the survival time.<sup>13</sup> Patients with decreased AKP were relatively well susceptible to drugs, and had a better prognosis. Serum AKP gradually decreased with increasing doses in each treatment group, its level was directly proportional to the tumor weight and volume of nude rats, which indicated that psoralen and isopsoralen were especially suitable for osteosarcoma patients with elevated AKP in clinical settings, the preoperative use of psoralen or isopsoralen can reduce blood AKP level, so that the tumor is confined for easy removal, thereby reducing the postoperative recurrence and metastasis rates.

Clinical evaluation of the efficacy of non-surgical therapies for tumors often investigates whether they can cause tumor apoptosis or necrosis, as well as the speed and range of tumor necrosis as key indicators. Light and electron microscopy showed pronounced apoptosis or necrosis of osteosarcoma lumps in nude rats in the PHD and IPHD groups, and the apoptotic and necrotic areas increased with increasing doses of melittin. It is thus clear that psoralen and isopsoralen have important significance in cancer treatment.

With respect to toxic side reactions, the numbers of bone marrow nucleated cells and peripheral white blood cells in the treatment groups did not statistically differ from the NS group, but were markedly reduced in the DDP group, indicating that DDP had bone marrow suppression side effects, while psoralen and

isopsoralen did not. Histopathological examination results showed no obvious hemorrhage, necrosis or tumor metastasis in vital organs (the heart, liver, spleen, and lung) of nude rats in each experimental group. Nevertheless, renal tubular cytoplasmic edema and denaturation, accumulation of inflammatory cells in renal intercellular space were seen in kidneys of nude rats in the PHD and IPHD groups, resulting in side effects. The results of the present study demonstrates that psoralen and isopsoralen have significant inhibitory effects on osteosarcoma in nude rats, without the presence of obvious toxic side effects within therapeutic doses. Clinically, psoralen or isopsoralen can be applied in combination with other methods to improve their antitumor effects and reduce their toxic side effects, and to achieve the goal of "eliminating pathogens while not damaging normal cells", thereby laying the foundation for the inclusion of psoralen and isopsoralen into the clinical treatment of osteosarcoma.

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